

ThinkPad T14 Gen 3 (Intel)

Designed for the modern workforce who need to work from anywhere, this compact desktop is a powerhouse of modern features. It has up to 12th Gen Intel Core processor and multiple display options with technologies like low power consumption, anti-glare, and anti-smudge to choose from. With its onboard Intel UHD graphics and discrete NVIDIA GeForce, combined with up to 2TB ultra-fast SSD storage, it delivers quicker responsiveness while working on heavy-duty applications and complex data or files.



Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkPad T series laptops offer professional-grade durability, powerful performance with good processors, ample memory, and fast SSD storage. They feature robust security features and long battery life for productivity on-the-go.

Comes with a slew of ports, including 2x USB 3.2 Gen 1. Users can connect up to 3 external monitors via Thunderbolt and HDMI ports for seamless multitasking. WiFi 6 support enables faster uploads and downloads as well as lower latency when used with compatible routers.

Security solutions include an optional IR camera for Windows Hello for facial recognition, an optional web camera shutter for user privacy during calls or meetings, and a Kensington slot for device safety.

Available in multiple configuration options, this laptop combines powerful performance with the latest features like WiFi 6 technology and ultra-fast SSD storage.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Accessories

Lenovo Powered USB-C Travel Hub

- Connects to a PC through a single USB-C cable which also recharges the device
- Connect to an external display with HDMI or VGA, and other peripherals with 2x USB ports
- Compact 183x100mm (7.2x4") design with integrated cable management



PN: 4X90592381

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Performance

Processor

12th Gen Intel U or P Series Core i5 / i7

Operating System*

Windows 11 Pro
 Windows 11 Home
 Windows 11 Home Single Language
 Windows 11 DG Windows 10 Pro 64
 Windows 10 IoT Enterprise LTSC 2021
 Linux
 Ubuntu Linux

Graphics¹

Intel Iris Xe Graphics eligible (integrated)
 NVIDIA GeForce MX550

¹Intel Iris Xe Graphics capability requires system to be configured with dual-channel memory. On the system with single-channel memory, Intel Iris Xe Graphics will function as Intel UHD Graphics.

Memory²

Up to 40GB or 48GB DDR4-3200, 1x Soldered + 1x SO-DIMM

²The max memory is based on the test results with current Lenovo memory offerings.

Storage³

Up to 1x 2TB M.2 2280 PCIe NVMe SSD

³The storage capacity supported is based on the test results with current Lenovo storage offerings.

Audio*

High Definition (HD) Audio
 Stereo speakers, 2W x2, Dolby Audio
 Dual-microphone array, far-field, Dolby Voice*

Camera*

HD 720p, with privacy shutter
 FHD 1080p, with privacy shutter
 FHD 1080p + IR hybrid, with privacy shutter

Battery⁴

39.3Wh or 52.5Wh battery, up to 10.0 hr, Rapid Charge

⁴Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

Power Adapter*

45W USB-C adapter, PD 3.0
 65W USB-C adapter, PD 3.0
 65W USB-C slim adapter, PD 3.0

Design

Display⁵

14" WUXGA (1920x1200) IPS Anti-glare 16:10
 - 300nits, 45% NTSC
 - 300nits, 45% NTSC, on-cell touch
 - 400nits, 100% sRGB, low power, Eyesafe
 - 500nits, 100% sRGB, on-cell touch, ThinkPad Privacy Guard

14" 2.2K (2240x1400) IPS Anti-glare 16:10
 - 300nits, 100% sRGB, Eyesafe

14" WQUXGA (3840x2400) IPS ARAS 16:10
 - 500nits, 100% DCI-P3, Add-on Film touch, DisplayHDR 400, Dolby Vision, Eyesafe

⁵IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Keyboard

6-row, spill-resistant, optional backlight

Touchpad

TrackPoint and glass-like Mylar surface touchpad
 61 x 115 mm (2.40 x 4.53 inches)

Dimensions⁶

Models with storm grey cover:
 317.7 x 227.36 x 17.9 mm (12.51 x 8.95 x 0.70 inches)
 Models with black cover:
 317.7 x 226.9 x 17.9 mm (12.51 x 8.93 x 0.70 inches)

⁶The system dimensions may vary depending on configurations.

Weight⁷

Starting at 1.358 kg (2.99 lbs)

⁷The system weight is approximate and may vary depending on configurations

Color

Storm grey
 Thunder black

Case material

Aluminium (top), PPS (bottom)
 PC + 20% CF + 50% GF (top), PPS (bottom)
 PC + 20% CF + 50% GF (top), aluminium (bottom)

Connectivity

Ethernet*

Gigabit onboard Ethernet

WLAN + Bluetooth*^{8 9}

802.11ax (Wi-Fi 6E), Bluetooth 5.1
 Up to Intel Wi-Fi 6E AX211, Bluetooth 5.1

⁸Bluetooth 5.2 is hardware ready but may run at a lower version due to OS limitations.

⁹Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.

WWAN*

4G LTE CAT4
 4G LTE CAT16

NFC

Near Field Communication*

Ports

1x USB 3.2 Gen 1
 1x USB 3.2 Gen 1 (Always On)
 2x Thunderbolt 4 / USB4 40Gbps (data, PD 3.0, DP 1.4)
 1x HDMI 2.1, up to 4K/60Hz
 1x Ethernet (RJ-45)
 1x Headphone / microphone combo jack (3.5mm)
 1x Smart card reader*
 1x Nano-SIM card slot (WWAN support models)*

Docking

Docking support via Thunderbolt or USB-C

Security & Privacy

Security

Discrete TPM 2.0
 Kensington Nano Security Slot
 Smart card reader, supports ISO 7816 and EMV*
 Touch style MOC fingerprint reader*
 Camera privacy shutter*
 IR camera for Windows Hello (facial recognition)*
 Privacy Guard with Privacy Alert*
 Human Presence Detection (software)
 Glance by Mirametrix
 RFID reader*

Manageability

System Management*¹⁰

Intel vPro Enterprise
 Intel vPro Essentials

¹⁰Intel vPro offers a superset of DASH's defined capabilities.

Certifications

Green Certifications^{11 12 13}

ENERGY STAR 8.0
 EPEAT Gold Registered
 ErP Lot 3
 TCO Certified 9.0
 RoHS compliant

¹¹The items listed under the "Green Certifications" section may not only refer to certification but also registration or self-declaration.

¹²EPEAT registration and ENERGY STAR certification are dependent on system OS.

¹³EPEAT is registered where applicable, please see epeat.net for registration status by country.